



PSSA Swim Official
September - October 2024 Classes

The following are the instructions for registering for the Level 1 and Level 2 classes the trainer, Earl Long, will be offering in September and October 2024.

Registration, Course Structure, and how to set up an LCDC Account

YMCA Swim Official classes were originally designed as in-person four-hour classes. By holding the classes via Zoom we have been able to reduce the course time to roughly three hours by breaking the class into two separate classes. These are the Y Swimming Orientation and the Level 1 or Level 2 classes.

Y Swimming Orientation

This is a one-hour overview of YMCA competitive swimming. You do not need to register in advance for this orientation as it is offered multiple times. Any person who wants to take the Level 1 or Level 2 class must attend one of these orientations.

All you will have to do is attend one of the one-hour orientations. The dates and Zoom links for these are:

Date	Start time	Class Type	Zoom link
Tuesday, September 17, 2024	6:30 p.m.	Orientation	https://us02web.zoom.us/j/82332410550?pwd=hD4TT2xTb0ST7vlaMX1iX4Mbpzyasg.1
Monday, September 30, 2024	6:30 p.m.	Orientation	https://us02web.zoom.us/j/84276391277?pwd=gQF4kCaVxnfsaWylWVqDbN7fCp6UHN.1
Tuesday, October 22, 2024	6:30 p.m.	Orientation	https://us02web.zoom.us/j/81635040004?pwd=cZValoGadIS2JiHCnu0WrMLEbRvozm.1

LCDC Registration. – Please follow the instructions as outlined in this document as these classes are by invitation only. That means you will need the Invitation URL to locate the class.

You will need to log-in to the YMCA’s Learning and Career Development Center (LCDC) to register for the class by using this link - <http://lcdc.yexchange.org/>.

After you click on the link you may be asked to log into your LCDC account. If you currently do not have an LCDC account, you can create the account by clicking on the “Sign up now” button illustrated on this screen.

IMPORTANT - Once you log in you need to return to these instructions and click on the Invitation URL to register for the class. Your LCDC account needs to be open before you click on the URL. You just select the class you want to attend and click on its URL from the list below:

For Level 1 class:

Date	Start time	Class Type	Invitation URL	Sanction Number
Tuesday, September 24, 2024	6:30 p.m.	Level 1	https://lcdc.yexchange.org/Catalog/Class/Detail/299632	C11C28E
Tuesday, October 29, 2024	6:30 p.m.	Level 1	https://lcdc.yexchange.org/Catalog/Class/Detail/299987	C20J73X

For Level 2 class:

Date	Start time	Class Type	Invitation URL	Sanction Number
Thursday, October 3, 2024	6:30 p.m.	Level 2	https://lcdc.yexchange.org/Catalog/Class/Detail/299988	C04P81H

Zoom link:

This class will be taught on-line via Zoom. The Zoom link will be sent to you by the trainer once you complete the LCDC registration.

Cost

PSSA Affiliated Cost. The registration fee is \$-0- for individuals who are affiliated with a Puget Sound Swimming Association (PSSA) team. Those teams are:

[AUBURN VALLEY YMCA](#), [BREMERTON YMCA](#), [GORDON FAMILY YMCA](#), [LAKEWOOD YMCA](#),
[MEL KORUM YMCA](#), [MORGAN FAMILY YMCA](#), [NORTHSHORE YMCA](#), [SKAGIT VALLEY YMCA](#),
[SOUTH SOUND YMCA](#), [TOM TAYLOR FAMILY YMCA](#), [WEST SEATTLE FAMILY YMCA](#), [WHATCOM YMCA](#),
[YMCA OF GRAYS HARBOR](#), and [YMCA OF SNOHOMISH COUNTY](#)

Non-PSSA Affiliated Cost. For those individuals not affiliated with the Puget Sound Swimming Association (PSSA) the fee is \$45.

Instructions on how to pay this fee will be sent to Non-PSSA individuals after completion of their LCDC registration.

One last requirement - Affiliation

You have seen several references in these instructions to “affiliation.” This means you are a member of a YMCA, a parent of a swimmer of the team, employee, or a volunteer for a YMCA. To verify your affiliation, you will need to obtain the signature of a YMCA executive that verifies that you are approved to take this class. The signature may be from a Branch Executive, Aquatics Director, or Swim Team Head Coach. Once you register for the class, the trainer will send you the verification form.

Questions

If you have any questions about the class, please contact Earl Long at ejlswim@gmail.com or cell/text at 206-581-4688.